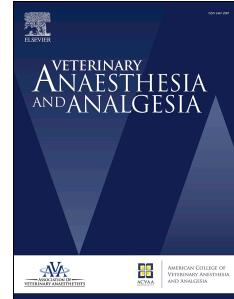


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**Sedative effects and changes in cardiac rhythm with intravenous premedication of medetomidine, butorphanol and ketamine in dogs**

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***Running head:***

Four premedication protocols in healthy dogs

***Authors' contributions***

BS: study design; acquiring patients; collection, analysis and interpretation of data; preparation of manuscript.

CV: study design, data analysis and interpretation, preparation of manuscript.

EES: study design; collection, analysis and interpretation of data; preparation and critical revision of manuscript.

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None

***Conflict of interest statement***

The authors declare no conflict of interest.

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## 1 **Abstract**

### 2 **Objective**

3 To determine the sedative effects and characteristics of cardiac rhythm with  
4 intravenous premedication of medetomidine, butorphanol and ketamine in dogs.

### 5 **Study design**

6 Prospective, blinded, randomized clinical trial.

### 7 **Animals**

8 A total of 116 client-owned healthy dogs undergoing elective surgery.

### 9 **Methods**

10 Dogs were randomized to receive medetomidine  $5 \mu\text{g kg}^{-1}$  (group M), butorphanol  
11  $0.2 \text{ mg kg}^{-1}$  (group B), a combination of medetomidine  $5 \mu\text{g kg}^{-1}$  and butorphanol  
12  $0.2 \text{ mg kg}^{-1}$  (group MB) or medetomidine  $5 \mu\text{g kg}^{-1}$ , butorphanol  $0.2 \text{ mg kg}^{-1}$  and  
13 ketamine  $1 \text{ mg kg}^{-1}$  (group MBK) intravenously (IV). Sedation was assessed using a  
14 numerical descriptive scale. Heart rate (HR) and rhythm were monitored; propofol dose  
15 ( $\text{mg kg}^{-1}$  IV) to allow orotracheal intubation was documented. Data were analysed using  
16 ANOVA, accounting for multiple testing with the Tukey honest significant difference  
17 test.

### 18 **Results**

19 Sedation scores varied significantly between all groups at all timepoints, except  
20 between MB and MBK at the four timepoints. HR decreased in all groups: most in M  
21 and MB, least in B. HR in MBK was initially higher compared to M and MB.  
22 Arrhythmias occurred in all groups: group B showed 2nd degree atrioventricular blocks

23 occasionally, all other groups showed additionally ventricular escape complexes and  
24 bundle branch blocks.

25 Dose of propofol required for orotracheal intubation was significantly higher in group B  
26 ( $5.0 \pm 2.0 \text{ mg kg}^{-1}$ ) compared to group M ( $2.6 \pm 0.6 \text{ mg kg}^{-1}$ ). Although no difference  
27 could be demonstrated between groups MB ( $1.4 \pm 0.6 \text{ mg kg}^{-1}$ ) and MBK ( $0.9 \pm 0.8$   
28  $\text{mg kg}^{-1}$ ), both groups required significantly less propofol than group M.

## 29 **Conclusion and clinical relevance**

30 Medetomidine-based premedication protocols led to various bradyarrhythmias.  
31 Addition of subanaesthetic doses of ketamine to medetomidine-based protocols resulted  
32 in higher HRs, fewer bradyarrhythmias and fewer animals that required propofol for  
33 intubation without causing side effects in healthy dogs.

34

35 **Keywords** butorphanol, ECG, ketamine, medetomidine, premedication

## 36 **Introduction**

37 Medetomidine is an  $\alpha_2$ -adrenoceptor-agonist commonly used alone or in combination  
38 with opioids such as butorphanol to achieve sedation in dogs (Ko et al. 1996; Muir et  
39 al. 1999; Yamashita et al. 1999; Ko et al. 2000; Girard et al. 2010; Puighibet et al.  
40 2015). It provides dose-dependent moderate to profound sedation and analgesia  
41 (Nilsfors et al. 1989) which is associated with severe bradycardia predominantly caused  
42 by vasoconstriction. Vasoconstriction results in increased arterial pressure and vomiting  
43 during the onset of sedation (Nilsfors et al. 1989; Hellebrekers et al. 1998; Pypendop &  
44 Verstegen 1998; Kuo & Keegan 2004; Gómez-Villamandos et al. 2006). Butorphanol is  
45 a synthetic opioid that acts mainly as  $\kappa$ -opioid receptor-agonist and a partial antagonist  
46 at the  $\mu$ -opioid receptor (KuKanich & Papich 2018). The sedative qualities of  
47 butorphanol are mild to moderate with little effect on the cardiovascular and respiratory  
48 systems (Trim 1983; Tyner et al. 1989). In addition, butorphanol at a dose of 0.4  
49 mg kg<sup>-1</sup> proved effective in preventing cisplatin-induced vomiting (Moore et al. 1994).  
50 Combined with medetomidine, butorphanol enhances the sedative effect of  
51 medetomidine (Ko et al. 1996; Girard et al. 2010; Puighibet et al. 2015) while  
52 preventing vomiting induced by medetomidine (Yamashita et al. 1999). Ketamine is a  
53 phencyclidine derivative that acts as an agonist on the N-methyl-D-aspartate receptor. It  
54 is an induction agent that stimulates sympathetic activity resulting in an increase in  
55 heart rate (HR) (Kennedy & Smith 2015; White & Yates 2017) and arterial blood  
56 pressure (Traber et al. 1970). Synergistic effects of medetomidine, opioids and ketamine  
57 in various combinations have been described in several studies and the combination  
58 seems to be safe for use in healthy small animals (Tomizawa et al. 1997; Sylvestre et al.  
59 2020; Arenillas et al. 2021).

60 The objective of this study was to evaluate the overall benefit of adding ketamine to  
61 commonly used premedication protocols based on butorphanol and medetomidine.  
62 Therefore, the first aim of this study was to compare numerical sedation scores in dogs  
63 given medetomidine alone (group M), butorphanol alone (group B), medetomidine and  
64 butorphanol combined (group MB) or a combination of medetomidine, butorphanol and  
65 ketamine (group MBK) as intravenous premedication. The second aim was to determine  
66 the effect of each protocol on HR and the incidence of cardiac arrhythmias. The final  
67 aim was to compare the amount of propofol required to allow orotracheal intubation  
68 between groups. We hypothesized that the addition of ketamine to medetomidine and  
69 butorphanol would have the following effects: a shorter onset and deeper sedation level,  
70 less pronounced bradycardia, fewer cardiac arrhythmias and a lower dose of propofol  
71 required for orotracheal intubation (Väisänen et al. 2002).

72

### 73 **Material and methods**

74 This prospective, blinded, randomized clinical study was conducted in the Clinic of  
75 Anaesthesiology and perioperative Intensive Care of the Vetmeduni Vienna, Austria.  
76 The protocol was discussed and approved by the Institutional Ethics and Welfare  
77 Committee in accordance with good scientific practice guidelines and national  
78 legislation (BMFWF-68.205/0221-WF/V/3b/2016). All owners provided informed  
79 written consent prior to their dogs' participation in the study.

#### 80 **Animals**

81 A total of 116 client-owned adult dogs [American Society of Anesthesiologists (ASA)  
82 physical status I and II] that were eligible for elective surgery were enrolled in this  
83 study (Table 1). In designing this study, a power analysis was performed regarding the

84 expected effects of premedication on the level of sedation. Calculations indicated that a  
85 minimum of 25 animals per group would be required. The sample size of 29 dogs per  
86 group was selected to allow for possible failures, such as equipment malfunction.

87 Previous studies have used a similar number of animals (Raszplewicz et al. 2013).

88 Individuals were included in the study if they were at least 12 months old and weighed  
89 between 8 and 45 kg. Doberman Pinscher, Pinscher and Boxer dogs were excluded from  
90 the study.

#### 91 Instrumentation and study design

92 Dogs were presented at the small animal clinic on the day of the procedure and were  
93 kept in a quiet room to avoid any interference from a noisy and busy hospital  
94 environment. Food but not water was withheld for 8 to 12 hours before general  
95 anaesthesia. Each dog was weighed and clinically examined. A 20-gauge, 3.3 cm  
96 catheter (Vasofix; B. Braun Melsungen AG, Germany) was inserted either into the  
97 cephalic or the saphenous vein.

98 Dogs were randomly allocated to one of four groups by drawing pre-labelled pieces of  
99 paper from an envelope: medetomidine  $5 \mu\text{g kg}^{-1}$  (NarcoStart; Le Vet B.V.,  
100 Netherlands) (group M), butorphanol  $0.2 \text{ mg kg}^{-1}$  (Alvegesic; ALVETRA u. WERFFT  
101 GmbH, Austria) (group B), medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  
102  $0.2 \text{ mg kg}^{-1}$  (group MB) or medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  
103  $0.2 \text{ mg kg}^{-1}$  and ketamine  $1 \text{ mg kg}^{-1}$  (Ketamidor; Richter Pharma AG, Austria) (group  
104 MBK). Drugs were drawn up in a syringe and diluted to  $0.1 \text{ mL kg}^{-1}$  with 0.9% saline.  
105 The randomization as well as the preparation of drugs was performed in such a fashion  
106 that the evaluator of the outcome variables was blinded to the allocated group. A Holter-  
107 electrocardiogram (ECG; Televet 100; Engel Engineering Service GmbH  
108 Heusenstamm, Germany) was placed on the dog at least 15 minutes before recording 10



109 minutes of baseline ECG (BL ECG). HR and rhythm were recorded, and animals with  
110 consistent pre-existing arrhythmias were excluded from the study. Premedication was  
111 administered intravenously over a period of 20 seconds immediately after starting a  
112 second ECG recording (treatment ECG) with a minimal recording time of 21 minutes.  
113 Adverse events such as signs of nausea, vomiting and apnoea for more than 15 seconds  
114 were noted. Sedation scores were evaluated and documented by the main observer  
115 before and 5, 10, 15 and 20 minutes after drug administration using a numerical  
116 descriptive scale (NDS) modified from Gurney et al. (2009) (Appendix A). Categories  
117 included were overall appearance, spontaneous posture, response to noise (handclap),  
118 eye position, palpebral reflex, and toe-pinch response, resulting in a possible score  
119 between 0 (no sedation) and 16 (maximum sedation). Scores up to 5 were categorized as  
120 mild sedation, 5 to 10 as moderate sedation and greater than 10 as profound sedation.  
121 Oxygen ( $\text{FIO}_2 = 1.0$ , 4 L  $\text{minute}^{-1}$ ) was provided with a mask attached via a circle  
122 system to an anaesthesia machine (Leon plus; Heinen + Löwenstein GmbH, Austria) as  
123 soon as the animal tolerated it without struggling. After recording the ECG for 20  
124 minutes, general anaesthesia was induced with propofol 1% (Propofol "Fresenius" 1%;  
125 Fresenius Kabi GmbH, Austria) according to a predetermined scheme. Dogs were given  
126 1  $\text{mg kg}^{-1}$  propofol over 20 seconds followed by a pause of 40 seconds after which  
127 orotracheal intubation was attempted. If this was unsuccessful owing to a light level of  
128 anaesthesia, a further bolus of 1  $\text{mg kg}^{-1}$  was administered followed by a 40 second  
129 pause. Beginning with the third bolus, the dose of propofol was reduced to 0.5  $\text{mg kg}^{-1}$ .  
130 This was continued until successful intubation was achieved. Total administered dose of  
131 propofol ( $\text{mg kg}^{-1}$ ) was noted. ECG recordings were analysed after completion of the  
132 study. Average HR was calculated for the unpremedicated animal using baseline ECG.  
133 HR in sedated dogs was calculated for the following periods: 1-6 minutes, 6-11 minutes,  
134 11-16 minutes, and 16-21 minutes after start of the treatment ECG. In case of

135 equipment failure, lost electrodes or unreadable ECG passages, HR was calculated  
136 using at least 1 minute of unaffected recording in the observed period. The quantity and  
137 quality of arrhythmias occurring during the observation period were documented for  
138 each animal. Recorded data were entered into a Microsoft Excel spreadsheet (Microsoft  
139 Corporation, WA, USA).

140

## 141 **Statistics**

142 Linear models were used for analysis with the target variables: numerical descriptive  
143 score, the difference in the log of HR before and after sedation, and log of propofol  
144 administered ( $\text{mg kg}^{-1}$ ). With sedation score and HR as target variables, groups were  
145 compared at different time-points (5, 10, 15 and 20 minutes); with propofol as target  
146 variable, the total amount was compared among groups. In all cases, Tukey honest  
147 significant difference (HSD) tests of pairwise differences were employed to account for  
148 multiple testing. With the sedation score and HR as target variables, within each group  
149 differences among time-points or time periods were analyzed with a linear model  
150 [Analysis of variance (ANOVA)] where time and individual were included as factors.  
151 Arrhythmias occurred rarely, but then clustered, such that linear model assumptions  
152 would have been violated. Results with this target variable are therefore only presented  
153 descriptively. As data on arrhythmias were not normally distributed, the results with this  
154 outcome variable are only presented descriptively. Occurrence and type of arrhythmia  
155 were counted for each group in the observed time periods (1-6, 6-11, 11-16 and 16-21  
156 minutes). Statistical analyses were performed using the R-programming language (R  
157 Core Team 2017). For all statistical analyses, a  $p$ -value below 5% ( $p < 0.05$ ) was  
158 considered statistically significant.

159

160 **Results**

161 A total of 116 dogs were included in this study, four of which were excluded from  
162 further analysis. Reasons for exclusion were multiple premature ventricular  
163 extrasystoles (VPCs) in the baseline ECG in one dog in group M, ventricular escape  
164 complexes and bundle branch block (BBB) in treatment ECG in one dog in group MB,  
165 which was therefore given atipamezole (Narcostop, Le Vet B.V., Netherlands),  
166 technical problems in one dog in group MBK and a sudden cancellation of the surgical  
167 procedure in one dog in group MB. Another two dogs each presented with two VPCs in  
168 the 10-minute baseline ECG but remained in the study. Therefore, a total number of 112  
169 dogs were studied (group B:  $n = 29$ ; group M:  $n = 28$ ; group MB:  $n = 27$ ; group MBK:  $n$   
170  $= 28$ ).

171 In two dogs from group B, propofol was not administered using the standardized  
172 scheme but faster due to signs of excitation. Signs of nausea were observed in one dog  
173 (3%) of group B and in 2 dogs (7%) of group M. While eight dogs (29%) in group M  
174 vomited. No other adverse effects such as apnoea for more than 15 seconds were  
175 observed.

176 All dogs showed increased sedation compared to baseline values (median 0.0;  $p <$   
177  $0.001$ ). With the numerical sedation score as target variable, the timepoint (5, 10, 15, 20  
178 minutes) had a significant overall influence ( $p < 0.001$ ) with sedation increasing with  
179 time in all dogs. For all timepoints, the influence of group (M, B, MB, and MBK) was  
180 significant. At all timepoints, group B had the lowest sedation score (median 1.0-3.0),  
181 group M a moderate sedation score (median 6.0-9.0) and groups MB and MBK had  
182 high sedation scores (MB: median 12.0-15.0; MBK: median 13.0-15.0) (Fig. 1). For all  
183 timepoints, comparisons among groups (adjusted for multiple testing by Tukey's HSD)  
184 showed significant differences ( $p < 0.0001$ ) for all pairs except between MB and MBK,

185 which was not significant at any timepoint (Fig. 1). The highest sedation score (16) was  
186 observed exclusively in two dogs of the MBK group.

187 An overall decrease in HR compared to baseline ECG was observed in all groups ( $p <$   
188  $0.001$ ). Group B showed overall a mild reduction of HR with some variation: in five  
189 dogs, HR even increased more than 20% in at least one of the observed time periods.  
190 All protocols that included the use of medetomidine showed a further decrease in HR.  
191 Dogs in group B showed consistently higher HR compared to all other groups. Groups  
192 M and MB showed the most distinct bradycardia (group M 46-52% and group MB 46-  
193 52% from baseline values) (Fig. 2). At all time periods, the influence of group (M, B,  
194 MB, and MBK) was significant and groups M and MB had the lowest HR (compared to  
195 baseline). However, pairwise comparisons between M and MB groups did not show  
196 significant differences in HR at any time period (adjusted for multiple testing by  
197 Tukey's HSD). HR in group MBK was higher than in groups M and MB only at time  
198 periods 5 and 10 minutes ( $p < 0.05$ ). Differences between MBK and both M and MB  
199 groups became smaller and not statistically significant at time periods 15 and 20  
200 minutes (Fig 2). In group MBK three dogs showed a higher HR than baseline values: in  
201 one dog this increase was observed during the first 5 minutes (118% of BL), in another  
202 dog during the first 5 and 10 minutes (140% and 125% of BL, respectively) and in  
203 another dog for 15 minutes (128%, 143% and 105% of BL).

204 Arrhythmias were detected in all groups after premedication. Second degree AV blocks  
205 were detected in 19 dogs (68%) for group M, three dogs (10%) for group B, 14 dogs  
206 (48%) for group MB and 12 dogs (43%) for group MBK. Ventricular escape complexes  
207 were detected in three dogs (11%) for group M, zero dogs (0%) for group B, six dogs  
208 (21%) in group MB and two dogs (7%) in group MBK. BBBs were detected in two  
209 dogs (7%) in group M, zero dogs (0%) for group B, three dogs (10%) in group MB and

210 one dog (4%) in group MBK. In order to compare the total occurrence of arrhythmias  
211 between the groups, all arrhythmic beats were summed per group over the observation  
212 period of 20 minutes. The lowest number of arrhythmias was observed in group B,  
213 which consisted exclusively of second degree atrioventricular (AV) blocks,  $n = 64$ .  
214 Dogs of group M showed a total of 947 second degree AV blocks ( $n = 947$ ), ventricular  
215 escape complexes ( $n = 11$ ) and BBB ( $n = 8$ ). A single dog in group M presented eight  
216 ventricular escape complexes, at least one occurring every 5 minutes and six BBB in the  
217 first 5 minutes; during baseline ECG two VPCs were observed. A total of 548 second  
218 degree AV blocks, 286 ventricular escape complexes and 117 BBB were observed in  
219 group MB. Two dogs accounted for the majority of ventricular escape complexes and  
220 BBB in group MB. Most arrhythmias occurred in the first 10 minutes after  
221 premedication (268 ventricular escape complexes and 114 BBB), in the last 10 minutes  
222 18 ventricular escape complexes and three BBB were observed. Of all the protocols  
223 containing medetomidine, group MBK showed the fewest arrhythmias: 173 second  
224 degree AV blocks, seven ventricular escape complexes and one BBB (Table 2).

225 The administered dose of propofol per kg required to allow orotracheal intubation  
226 varied significantly ( $p = 0.001$ ) among groups (Fig. 3). Group B required significantly  
227 more propofol than all other groups ( $5.0 \pm 2.0 \text{ mg kg}^{-1}$ ), followed by group M ( $2.6 \pm 0.6$   
228  $\text{mg kg}^{-1}$ ). A single dog in group MB and 10 dogs in group MBK did not require any  
229 propofol to allow orotracheal intubation 21 minutes after premedication. The remaining  
230 dogs in MB and MBK groups required the smallest amount of propofol ( $1.4 \pm 0.6 \text{ mg}$   
231  $\text{kg}^{-1}$  and  $0.9 \pm 0.8 \text{ mg kg}^{-1}$ , respectively), but no significant difference was observed  
232 between groups.

233

234 **Discussion**

235 The results of this study indicate that the administration of different premedication  
236 protocols produced different levels of sedation; dogs in group B showed mild sedation,  
237 dogs in group M moderate sedation, and dogs in groups MB and MBK showed  
238 profound sedation. A decrease in HR was observed in all groups. While it was mild in  
239 group B, it resulted in severe bradycardia and bradyarrhythmias in all groups that  
240 received medetomidine. However, bradyarrhythmias were less frequently observed  
241 when ketamine was added (group MBK). It seemed that the required amount of  
242 propofol to achieve orotracheal intubation decreased with increasing sedation scores.

243 The doses of medetomidine ( $5 \mu\text{g kg}^{-1}$ ), butorphanol ( $0.2 \text{ mg kg}^{-1}$ ) and ketamine ( $1 \text{ mg}$   
244  $\text{kg}^{-1}$ ) were chosen to provide a measurable level of sedation when used individually  
245 while still being within the published dose ranges for use within a combination (Muir et  
246 al. 1999; Yamashita et al. 1999; Ko et al. 2013; Kellihan et al. 2015). Premedication  
247 with only ketamine ( $1 \text{ mg kg}^{-1}$ ) was discarded because of the possible adverse effects.  
248 Not all effects occurred as anticipated.

249 As expected, administration of butorphanol achieved the lowest sedation score in this  
250 study, followed by moderate sedation with medetomidine (Girard et al. 2010). The  
251 difference in onset and depth of sedation between groups MB and MBK did not reach  
252 statistical significance, as onset was similar and dogs in both groups scored mostly in  
253 the upper range of the scale and were profoundly sedated. As previously described, the  
254 addition of butorphanol to medetomidine prevented signs of nausea and vomiting  
255 (Yamashita et al. 1999). Numerical descriptive scores have often been used to evaluate  
256 the level of sedation in dogs (Grint et al. 2009; Gurney et al. 2009; Girard et al. 2010;  
257 Raszplewicz et al. 2013; Arenillas et al. 2020). These scales allow high consistency and  
258 very good reliability when assessing sedation levels, even between multiple raters  
259 (Wagner et al. 2017). However, in this study, evaluation was limited due to

260 instrumentation, for example: part of the original sedation scale includes “resistance  
261 against lateral recumbency”, which could not be performed because it would have  
262 disturbed the ECG reading. To compensate for this, we decided to add the variable “toe  
263 pinch response” and used more detailed criteria for “spontaneous posture”. Both criteria  
264 were used in a study published by Girard et al. (2010). The inclusion of further variables  
265 in the scoring system, such as “jaw and tongue relaxation” might have revealed finer  
266 differences in sedation outcomes between groups MB and MBK.

267 Changes in HR (Pypendop & Verstegen 1998; Gómez-Villamandos et al. 2006; White  
268 & Yates 2017; Kato et al. 2021) and the occurrence of arrhythmias (Kramer et al. 1996)  
269 with the studied drugs have been described in previous studies. However, we are  
270 unaware of a direct comparison between a single premedication drug *versus* a drug  
271 mixture without the addition of other drugs (i.e., parasympatholytic drugs). A decrease  
272 in HR was observed in all groups; group B showed overall a mild reduction of HR,  
273 although some dogs had even higher HRs than at those BL. Although all precautions  
274 were taken to create a quiet and undisturbed study environment, some of these increases  
275 in HR may be attributed to environmental disturbances (Trim 1983) for example noise  
276 from outside (barking dogs, lawnmowers) and from within the animal hospital (doors  
277 slamming, shouting, people accidentally entering the study room). In other dogs, the  
278 stress of an unfamiliar environment may have been too great to be eased with  
279 butorphanol alone. One of these dogs even started growling and showed excitation  
280 during induction. In the first 10 minutes, HRs of dogs in group MBK decreased  
281 significantly from BL values compared to groups M and MB ( $p < 0.05$ ). This  
282 “stabilization” of HR was described in other studies (Moens & Fargetton 1990;  
283 Arenillas et al. 2021) and was probably caused by the indirect sympathomimetic effects  
284 of ketamine (Traber et al. 1970; White et al. 1982). Owing to its limited duration of

285 action (Vlerick et al. 2020), these effects subsided over time (White & Yates 2017;  
286 Vlerick et al. 2020).

287 As expected, arrhythmias in group B were sporadic and associated with mild  
288 bradycardia. All dogs given medetomidine showed more arrhythmias, most of them in  
289 group MB. Two dogs with no arrhythmias in their BL ECG were responsible for most  
290 of the observed ventricular escape complexes and BBB in group MB, with most  
291 arrhythmias occurring in the first 10 minutes (275 ventricular escape complexes + 114  
292 BBB). Atipamezole was given to one of these two dogs, at 12 minutes and 50 seconds  
293 after premedication due to safety concerns and arrhythmias ceased immediately after  
294 that. The second dog's cardiac rhythm spontaneously returned to normal sinus rhythm 9  
295 minutes after premedication. Owing to the clustered occurrence of cardiac arrhythmias  
296 in the MB group, no statistical analyses could be performed. However, it could be a  
297 coincidence that the dogs in group MBK had the lowest number of arrhythmias among  
298 the medetomidine-based premedications. More likely this effect may have been caused  
299 by an increase in sympathetic tone produced by ketamine (Traber et al. 1972; White et  
300 al. 1982), resulting in a higher HR in MBK for the first 10 minutes. This increased  
301 sympathetic tone may be a critical advantage during sedation with minimal monitoring,  
302 such as radiographs. Even in the clinical setting, the first few minutes after  
303 premedication are rarely monitored as well as after induction of general anaesthesia.  
304 Furthermore, orotracheal intubation represents a potential vagal stimulus that could  
305 affect HR and rhythm.

306 As observed in other studies (Väisänen et al. 2002; Canfrán et al. 2016), the amount of  
307 propofol needed to achieve orotracheal intubation was inversely correlated with the  
308 level of sedation provided by the four premedication protocols. Dogs of group B with  
309 mild sedation needed the largest amount of propofol, moderately sedated dogs of group



310 M required less propofol and profoundly sedated dogs of group MB and MBK needed  
311 the smallest amount of propofol. Although no statistical difference in the requirement of  
312 propofol could be demonstrated between groups MB and MBK, it is noteworthy that 10  
313 dogs in group MBK did not require any propofol at all, compared to only one dog in  
314 group MB. Using a different induction scheme or a constant rate infusion of propofol  
315 may have shown significant differences in propofol dose. An attempt to achieve  
316 orotracheal intubation 10 minutes after premedication may have resulted in even fewer  
317 dogs in group MBK requiring propofol to allow orotracheal intubation. Due to the  
318 limited duration of action of ketamine, the dogs may have redistributed or metabolized  
319 most of the ketamine at the time of anaesthetic induction in our study (Schmitz et al.  
320 2010; Vlerick et al. 2020). Other studies have shown reduced requirements of induction  
321 agents after the administration of subanaesthetic doses of ketamine (Bustamante et al.  
322 2020) or the use of two induction agents (Kennedy & Smith 2015).

323 Healthy dogs (ASA I-II), at least 12 months old with a bodyweight between 8 and 45  
324 kg, were selected owing to safety concerns for the dogs - the administration of an  $\alpha_2$ -  
325 adrenoceptor-agonist - and for practical reasons (permanent ECG monitoring had to be  
326 placed on the dog). The maximum weight of 45 kg was chosen to limit the impact of  
327 allometry but also to demonstrate the utility of these drugs in clinical practice. Purebred  
328 Doberman Pinschers, Pinschers and Boxers were excluded as a precaution, since heart  
329 disease is particularly common in these dogs (Wess et al. 2010a). Although all dogs  
330 appeared healthy on clinical examination, three dogs in this study had cardiac  
331 arrhythmias before premedication administration. A 2-year-old Labrador Retriever did  
332 not undergo general anaesthesia owing to frequent VPCs and died 3 weeks later without  
333 apparent cause. Therefore, and in accordance with (Wess et al. 2010b) a 5 minute ECG  
334 before anaesthetic premedication may be useful to detect potentially undiagnosed  
335 arrhythmias, and increase the safety of the procedure.

336

337 **Conclusion**

338 All premedication protocols evaluated in the present study in healthy dogs resulted in  
339 sedation. Sedation levels increased over the study period, giving the drugs time to reach  
340 targeted effects. Medetomidine based combinations caused more bradyarrhythmias  
341 compared to butorphanol alone. Second degree AV blocks occurred most frequently,  
342 but ventricular escape complexes and BBB were also observed in the first 10 minutes  
343 after premedication. Hence, dogs premedicated with IV medetomidine should be  
344 monitored closely. Adding ketamine to medetomidine premedications increased the HR  
345 and reduced the incidence of arrhythmias, and therefore their combination is advisable,  
346 especially in clinical situations with limited monitoring.

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505 **Appendix A** Numerical descriptive scale for assessing degree of sedation in dogs.

506	<b>Overall appearance</b>	0 awake and normal
507		1 tranquil
508		2 stuporous
509	<b>Spontaneous posture</b>	0 standing no effect
510		1 standing but tired
511		2 lying but able to rise
512		3 sternally recumbent
513		4 laterally recumbent
514	<b>Response to noise (handclap)</b>	0 body movement
515		1 head movement
516		2 ear twitch
517		3 no reaction
518	<b>Eye position</b>	0 normal
519		2 rotated ventrally
520	<b>Palpebral reflex</b>	0 brisk
521		1 slow
522		2 absent
523	<b>Toe-pinch response</b>	0 normal
524		1 slight damping
525		2 moderate damping
526		3 no response

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## Figure legends

**Figure 1** Sedation score of dogs 5 (a), 10 (b), 15 (c) and 20 minutes (d) after premedication with intravenous medetomidine  $5 \mu\text{g kg}^{-1}$  [(M),  $n = 28$ ], butorphanol  $0.2 \text{ mg kg}^{-1}$  [(B),  $n = 29$ ], medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  $0.2 \text{ mg kg}^{-1}$  [(MB),  $n = 27$ ] or medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  $0.2 \text{ mg kg}^{-1}$  and ketamine  $1 \text{ mg kg}^{-1}$  [(MBK),  $n = 28$ ]. \*Significant difference in sedation score between groups ( $p < 0.001$ ). Data are presented as median (horizontal line), interquartile range (box ends), 1.5 times the interquartile range (whiskers), with values exceeding the whiskers plotted as open circles.

**Figure 2** Ratio of HR compared to baseline values of dogs in time periods 1-6 (a), 6-11 (b), 11-16 (c) and 16-21 minutes (d) after premedication with intravenous medetomidine  $5 \mu\text{g kg}^{-1}$  [(M),  $n = 28$ ], butorphanol  $0.2 \text{ mg kg}^{-1}$  [(B),  $n = 29$ ], medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  $0.2 \text{ mg kg}^{-1}$  [(MB),  $n = 27$ ] or medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  $0.2 \text{ mg kg}^{-1}$  and ketamine  $1 \text{ mg kg}^{-1}$  [(MBK),  $n = 28$ ]. \*Significant difference in HR ( $p < 0.001$ ). †Significant difference in HR ( $p < 0.05$ ). Data are presented as median (horizontal line), interquartile range (box ends), 1.5 times the interquartile range (whiskers), with values exceeding the whiskers plotted as open circles.

**Figure 3** Propofol dose ( $\text{mg kg}^{-1}$ ) required to achieve endotracheal intubation of dogs, approximately 22 minutes after premedication with intravenous medetomidine  $5 \mu\text{g kg}^{-1}$  [(M),  $n = 28$ ], butorphanol  $0.2 \text{ mg kg}^{-1}$  [(B),  $n = 29$ ], medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  $0.2 \text{ mg kg}^{-1}$  [(MB),  $n = 27$ ] or medetomidine  $5 \mu\text{g kg}^{-1}$  in combination with butorphanol  $0.2 \text{ mg kg}^{-1}$  and ketamine  $1 \text{ mg kg}^{-1}$  [(MBK),  $n = 28$ ]. \*Significant difference in

propofol dose ( $p < 0.001$ ). †Significant difference in HR ( $p < 0.01$ ). Data are presented as median (horizontal line), interquartile range (box ends), 1.5 times the interquartile range (whiskers), with values exceeding the whiskers plotted as open circles.

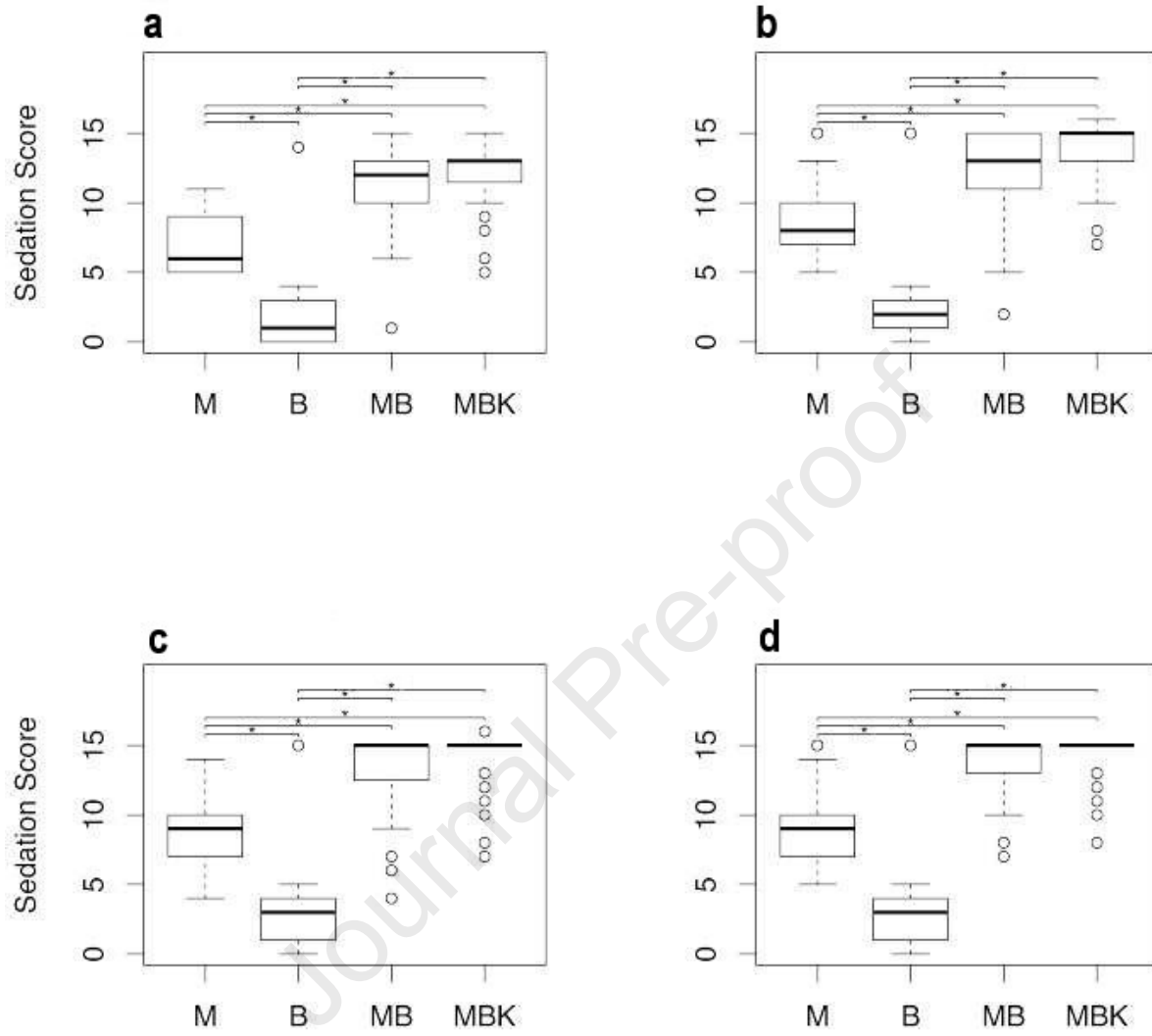
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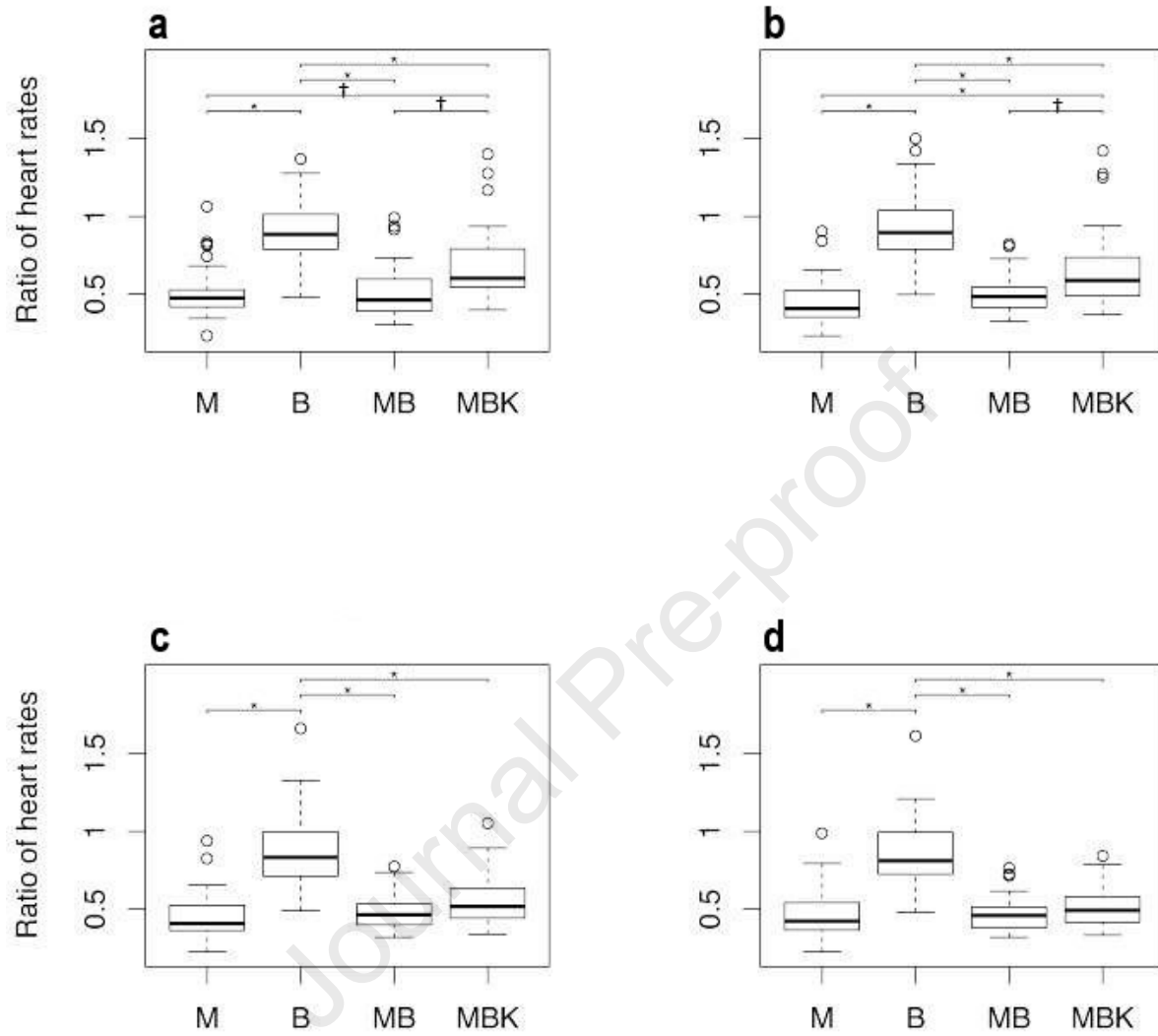
**Table 1** Demographic information of the 116 dogs enrolled in the study and the reason for anaesthesia. The dogs were randomly allocated to four study groups medetomidine 5  $\mu\text{g kg}^{-1}$  (M), butorphanol 0.2 mg  $\text{kg}^{-1}$  (B), medetomidine 5  $\mu\text{g kg}^{-1}$  in combination with butorphanol 0.2 mg  $\text{kg}^{-1}$  (MB) or medetomidine 5  $\mu\text{g kg}^{-1}$  in combination with butorphanol 0.2 mg  $\text{kg}^{-1}$  and ketamine 1 mg  $\text{kg}^{-1}$  (MBK) IV. Age (months) is presented as range from youngest to oldest and mean in brackets. Weight (kg) is presented as range from lightest to heaviest and mean in brackets. Sex is presented in total numbers for male (m), male castrated (mc), female (f) and female spayed (fs) dogs. Type of procedures performed are listed as total numbers for each group and were assigned to five categories (castration, ophthalmologic procedure, dental procedure, biopsy and other).

Group	Demographic information			Procedure performed				
	Age (months)	Weight (kg)	Sex (m/mc/f/fs)	Castration	Ophthalmological procedure	Dental procedure	Biopsy	Other
M	12-116 (58)	8.7-39.0 (22.4)	13 m 2 mc 10 f 4 fs	9	6	6	4	4
B	14-100 (41)	8.2-40.2 (23.4)	10 m 2 mc 11 f 6 fs	13	7	7	1	1
MB	12-132 (49)	9.7-40.3 (24.1)	7 m 4 mc 15 f 3 fs	15	5	6	1	2
MBK	12-88 (29)	9.3-45.0 (26.9)	17 m 1 mc 9 f 2 fs	19	4	6	0	0

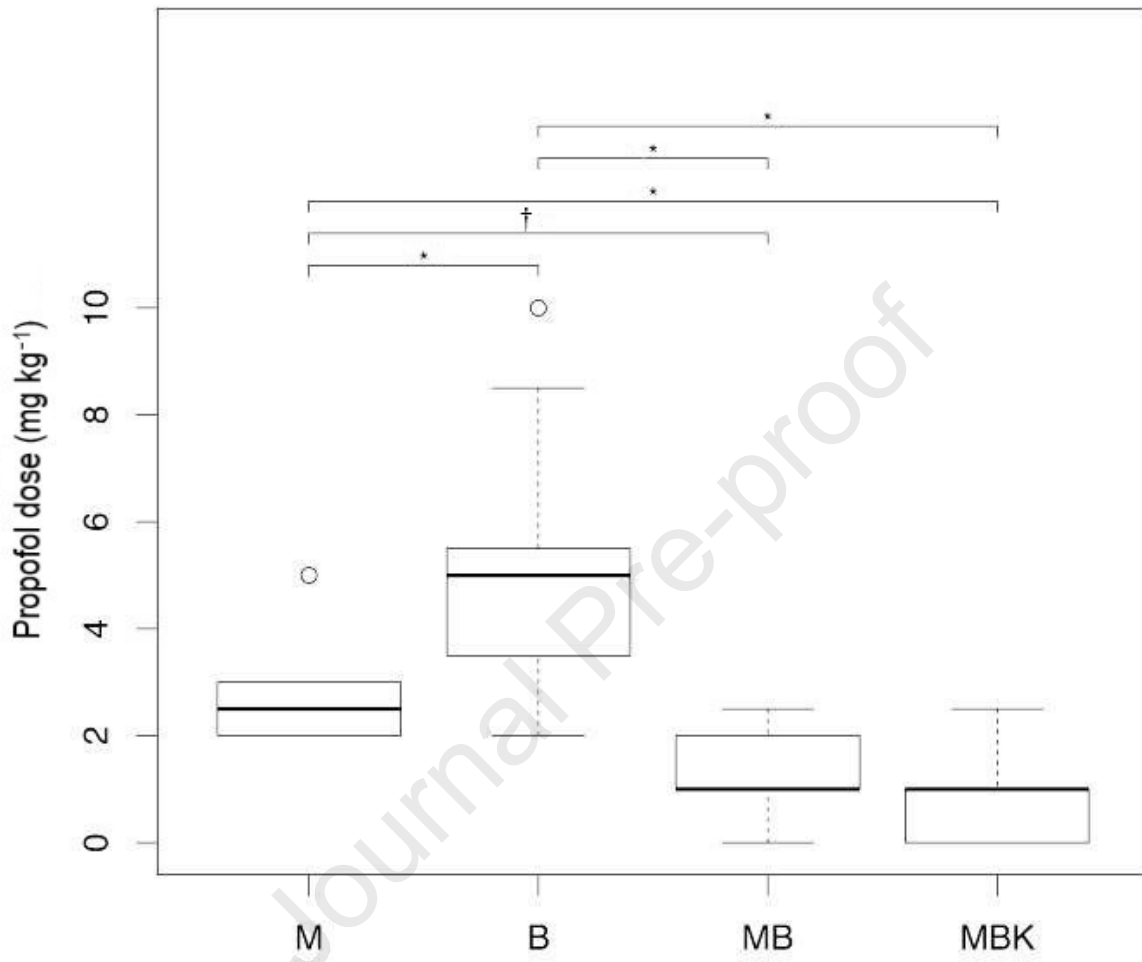
**Table 2** Type of arrhythmia, time (minutes) after intravenous administration of premedication drug(s) (M medetomidine 5  $\mu\text{g kg}^{-1}$ , B butorphanol 0.2 mg  $\text{kg}^{-1}$ , MB medetomidine 5  $\mu\text{g kg}^{-1}$  and butorphanol 0.2 mg  $\text{kg}^{-1}$ , MBK medetomidine 5  $\mu\text{g kg}^{-1}$ , butorphanol 0.2 mg  $\text{kg}^{-1}$  and ketamine 1.0 mg  $\text{kg}^{-1}$ ) and total occurrence ( $n$ ) of arrhythmias recorded in the 113 dogs, which were randomly allocated to one of the four groups.

Type of arrhythmia	Time (minutes) after administration of premedication	Group M ( $n$ )	Group B ( $n$ )	Group MB ( $n$ )	Group MBK ( $n$ )
Second degree atrioventricular block	1-6	238	4	231	36
	6-11	280	7	93	23
	11-16	215	20	125	59
	16-21	214	33	99	55
Ventricular escape complexes	1-6	5	0	133	1
	6-11	2	0	135	6
	11-16	3	0	17	0
	16-21	1	0	1	0
Bundle branch block	1-6	6	0	45	1
	6-11	0	0	69	0
	11-16	2	0	3	0
	16-21	0	0	0	0









**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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